# REACH YOUR TRUE POTENTIAL!

## Whole-body SHIATSU massager, "Tsubo Healther"

FRANCEBED CO., LTD.

# SHIATSU AND STRETCH

## Japanese SHIATSU

The word SHIATSU in Japanese means "using the hands to apply external pressure to the body." SHIATSU is a popular technique for stimulating health and body functions using only the hands.

The middle back contains a multitude of SHIATSU pressure points called "TSUBO" . The most important are the tender points "TSUBO" , which run along the spine and are marked by slight indentations. The application of pressure to the tender points "TSUBO" produces a pleasurable sensation of intense stimulation. At the correct level of stimulation, this can help to relieve stiffness, promote blood circulation in the immediate area and accelerate recovery from fatigue.

There are already many massage machines that seek to replicate the SHIATSU technique, but only Tsubo Healther is certificated as a medical equipment in Japan, stating its unique approach to stimulating the body by reproducing the effect of applying "natural body weight" through the human hand, can genuinely recreate the gentle feel of a real SHIATSU massage, marketed in Japan with the effected efficacy of accelerating fatigue recovery, promoting blood circulation, relieving muscle tiredness, reducing muscle stiffness, alleviating nerve and muscle pain.

## Stretch

Unnatural posture and stooped shoulders are an unfortunate adjunct to our modern lifestyles. Although we learn to sit in chairs from a young age, we often fail to sit with correct posture. Assuming the same posture for a prolonged period can bring on tiredness, the accumulated effect of which is the fatigue that is a common affliction of modern living. Unnatural rounding and twisting of the back causes chronic shoulder stiffness and back pain.

Guarantees a more pleasant and smoothing Japanese SHIATSU massage and stretch experience. Make it part of your life and discover the true meaning of relaxation.

## "TSUBO HEALTHER" FOR PRIVATE

"A 15-Minute Recharging Time" into Your New Daily Routine

## "TSUBO HEALTHER" FOR BUSINESS

### Work & Study

When you feel tired from housework, task, study, etc.

### Hotel Suite

The hotel room provides a welcome respite after a hard day working or sightseeing. Tsubo Healther helps you to get refreshed and ready for the following day by relieving general bodily fatigue from a day of solid walking or business meetings.

## Relax Time

After taking a shower/bath, using PC/Smartphone, and/or watching TV for a long time.

## Before Sleeping

Having a 15-minute relaxation time for a comfortable sleep.

## Spa & Wellness

Twisting and/or bending of the spine can lead to chronic stiffness of the shoulders as well as lower back pain. Tsubo Healther is for those who is concerned about muscle stiffness, back pain, and anti-aging.

## Corporate Facilities

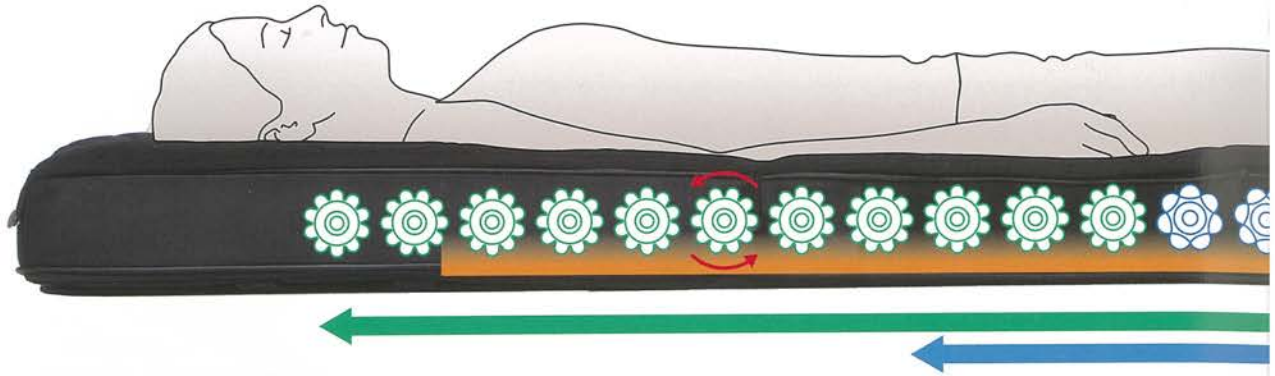
Tsubo Healther refreshes your mind and recharge your body. Tsubo Healther is a very effective way of keeping your work going.

## Fitness

Tsubo Healther relieves muscle tension, before and after sporting activity. It is ideal for the pre/post-workout cool down .

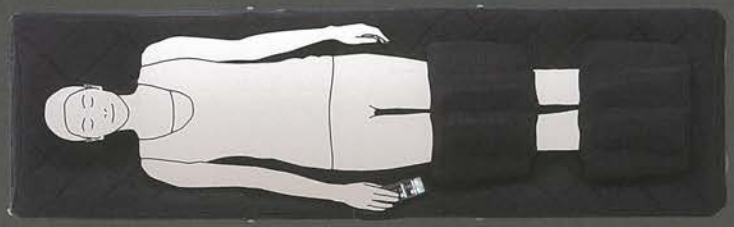
# WHOLE-BODY SHIATSU MASSAGER, "TSUBO HEALTHER"

## Two sets of rollers - the head rollers for the upper body and the foot rollers for the lower body to provide a full SHIATSU massage experience.



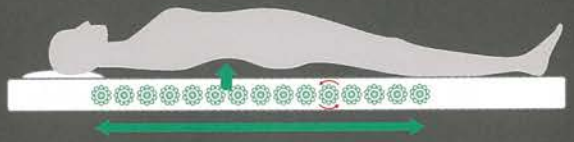
### Long-stroke SHIATSU massage

The whole-body massage helps to relax muscle tension over the entire length of the body from the ankles to the neck, using a combination of the revolutionary massage rollers, which locate the SHIATSU points. The built-in heater also warms the body to enhance the benefits SHIATSU pressure. Even though this unit is the double-fold type, its roller mechanism ensures continuous travel over the body length in both directions for a luxurious and uninterrupted massage experience.



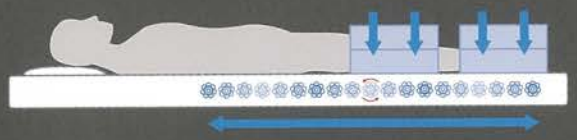
### Upper body SHIATSU and stretch

The head rollers work to flex the muscles around the spine. The massage is performed in the supine posture to ease up tension in the back muscles and make them more receptive to SHIATSU massage. The rollers gently raise the upper body during the SHIATSU massage to enhance the stretching effect.



### Lower body SHIATSU

The foot rollers work on the muscles of the lower body, particularly the lower back, thighs, calves and ankles. Since the lower body is less conducive to pressure massage, specially-designed sand weights are placed on top of the feet and legs to enhance the SHIATSU effect.

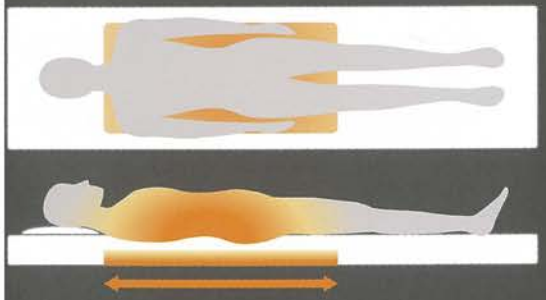


### Enhances massage effect

Weights can be used to apply pressure for a more effective massage experience. A person weighing up to 40kg should normally place one weight only on the knees; a person weighing over 40kg can use one weight on the knees and the other on the instep of the foot.

## Heater therapy

It is well known that warming the body improves blood circulation and promotes metabolism, thereby maximizing the benefits of massage. Our whole-body SHIATSU massage machine features a built-in heater to gently warm the body to the optimum temperature for SHIATSU massage.



## Compact and light to carry

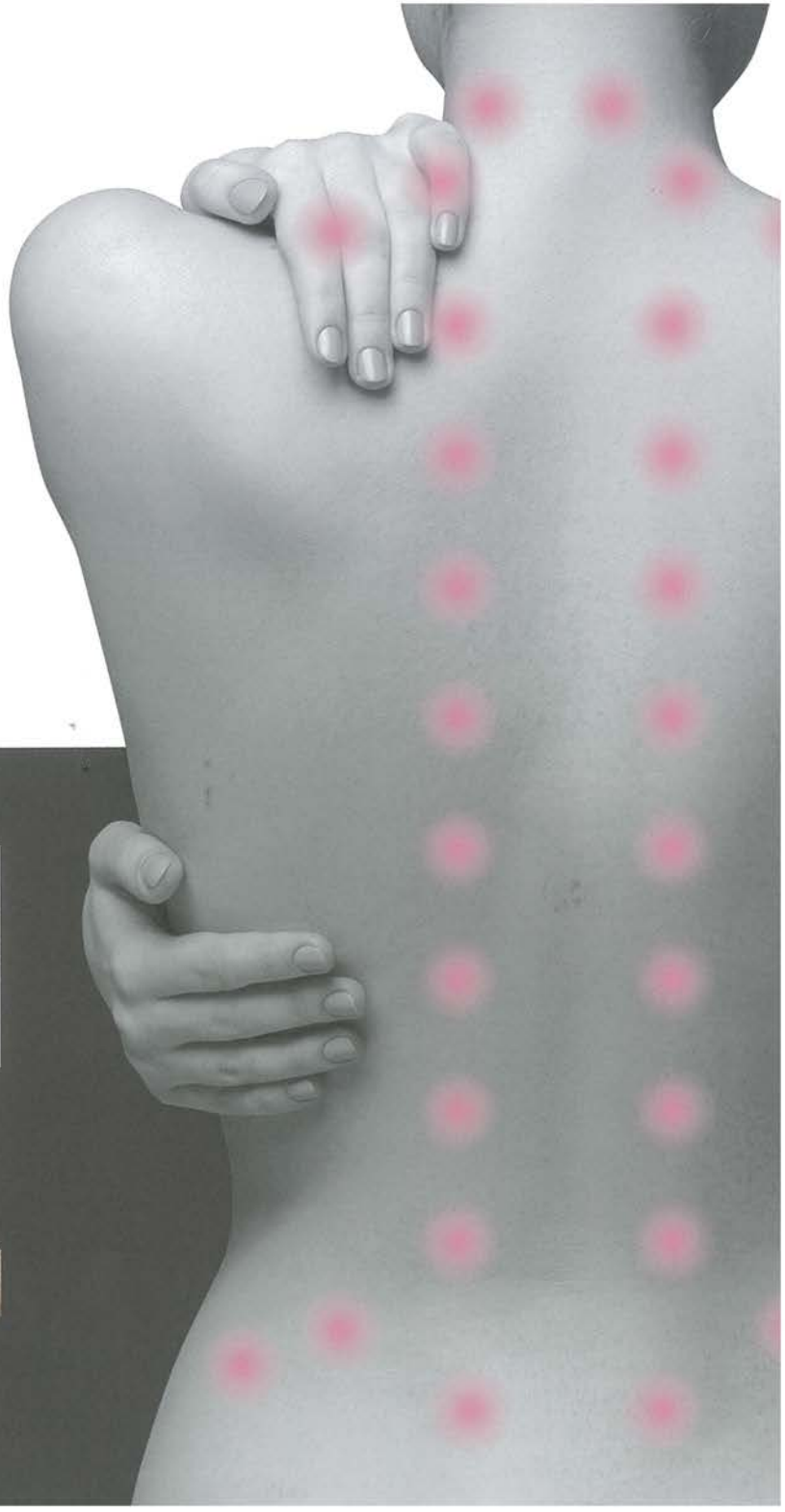
Tsubo Healther weights only about 18kg. It folds neatly in half for transportation anywhere, anytime It measures just 18cm in depth when folded for easy storage.

## Easy to apply

The remote control can be used to program Tsubo Healther without having to get up. Choose from three SHIATSU programs (upper body, lower body and full body), as well as whole-body SHIATSU, targeted SHIATSU and point SHIATSU.

## Safety Design

Tsubo Healther automatically shuts off after 15 minutes of use to prevent overdo.

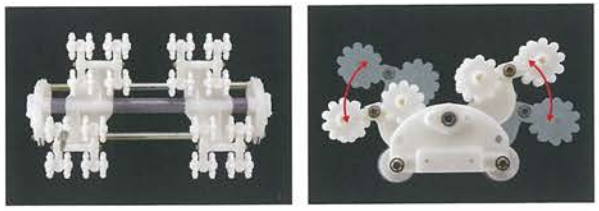


# MODEL ST

## Model ST for
## gentle wide-area massage

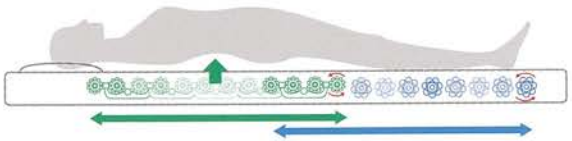
### Head rollers

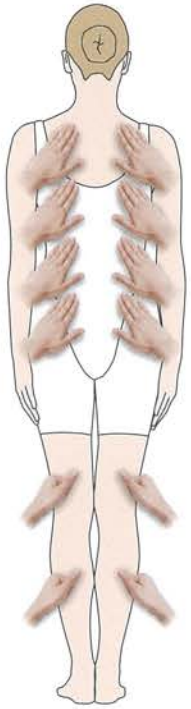
The 32-wheel head roller unit provides wide coverage and envelopes the target area. The rollers are designed to accommodate subtle variations in body contours, enabling a perfect fit to any physique. Gentle roller movement in both vertical and horizontal directions provides a stimulating yet pleasant SHIATSU experience.



### Foot rollers

The foot rollers are made of natural rubber that is designed to replicate the shape and touch of the thumbs. The natural rubber provides a firm yet comfort pressure and avoids the unpleasant hardness of some massage systems.



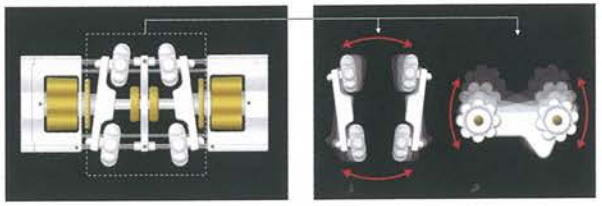


# MODEL MT

## Model MT for
## localized rhythmic massage
## with 2 advanced parttens, kneading and percussion

### Head rollers

The six-wheel kneading/percussion roller unit moves from the lower body up to the neck, providing a powerfully healing rhythmic kneading and tapping massage. Four independently driven kneading beads work in unison to produce the ultimate massage experience that approximates the touch of the human hand.



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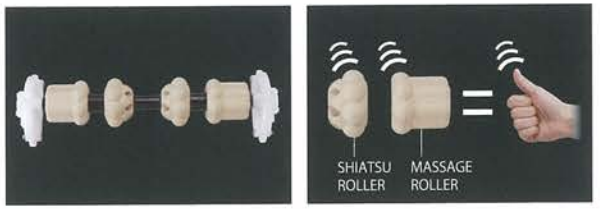


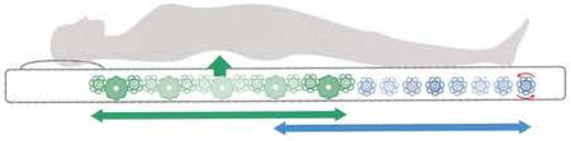

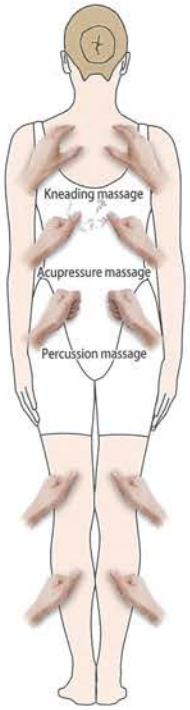

# MODEL DRT

## Model DRT for
## firm whole-body SHIATSU massage

### Head rollers

"The firm massage" comforts your whole underside of the body. The uniquely designed SHIATSU rollers are based on extensive research and development and are modeled on the shape and hardness of a SHIATSU practitioner's thumbs. Twin-axle four-wheel rollers, which are designed to replicate the thumbs of a SHIATSU practitioner, accurately and effectively identify the SHIATSU point (Tsubo) on the spine and in the surrounding areas and simply through their horizontal orientation are able to relieve muscle tension in the whole-body.

### Foot rollers

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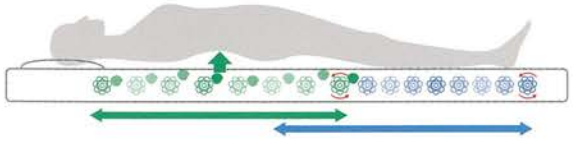

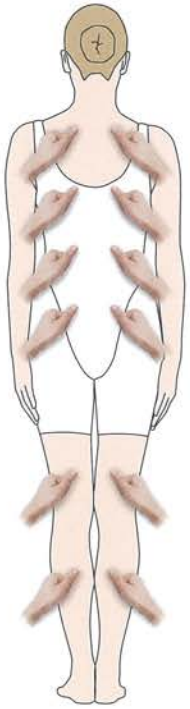

# MODEL VS

## Model VS for
## firm whole-body SHIATSU massage with 2 advanced vibration patterns, tapping and relaxation

### Head rollers

"The relaxation vibration mode" gently relieves muscle tension, while "the Tapping vibration mode" delivers a pleasant vibration that rhythmically stimulations your peripheral nerves. The uniquely designed SHIATSU rollers are based on extensive research and development and are modeled on the shape and hardness of a SHIATSU practitioner's thumbs. Twin-axle four-wheel rollers, which are designed to replicate the thumbs of a SHIATSU practitioner, accurately and effectively identify the SHIATSU point(Tsubo) on the spine and in the surrounding areas and simply through their horizontal orientation are able to comfort your whole body.

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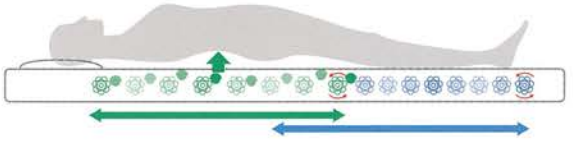
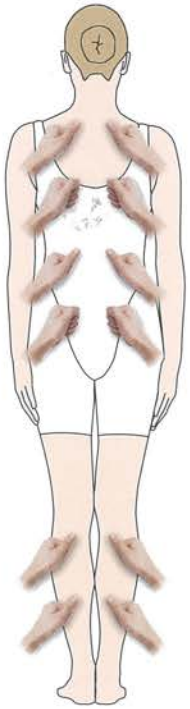
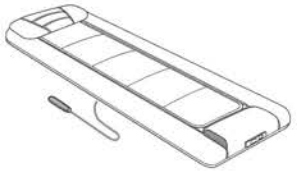
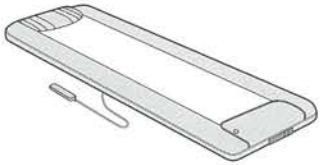
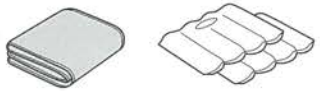




# TSUBO HEALTHER SPECIFICATION SHEET

| PRODUCT NAME | | TSUBO HEALTHER | | | |
|---|---|---|---|---|---|
| model | | ST | MT | DRT  | VS  |
| AUTO MASSAGE PROGRAM | | ○ | ○ | ○ | ○ |
| MANUAL MASSAGE PROGRAM | | ○ | ○ | ○ | ○ |
| STRETCH EFFECT | | ○ | ○ | ○ | ○ |
| KNEADING / PERCUSSION MASSAGE PROGRAM | | – | ○ | – | – |
| VIBRATION MASSAGE PROGRAM | | – | – | – | ○ |
| HEATER5 | | ○ | ○ | ○ | ○ |
| POWER SUPPLY | | 220~240V, 50/60Hz | | | |
| ENERGY CONSUMPTION | | 0.43A | 0.55A | 0.43A | 0.48A |
| CONFORMITY MARK | | CE/RoHS | CE/RoHS | CE | CE/RoHS |
| RELAXATION VIBRATION | | – | – | – | approx. 1700 times /min |
| PERCUSSION-VIBRATION | | – | – | – | approx. 1700 times /min |
| AUTOMATIC TIMER | | 15 min | | | |
| SAFETY FUNCTION | | ○ | ○ | ○ | ○ |
| WEIGHT | | 18 kg | | | |
| DIMENSIONS(mm) | OPEN | L2,100 × W680 × H90 | | | |
| | FOLDED | L1,200 × W680 × H180 | | | |
| ACCESSORIES | | weights (2 units : 12 kg) | | | |
| | |  | | | |
| HOW TO USE | | Lie face up with the top of your head about 5cm below the edge of the unit. Your heels should be about 10cm apart. Ensure that you are fully relaxed in readiness for the massage, with your chin slightly drooped.<br>Weights can be used to apply pressure for a more effective massagee xperience.<br>People weighing up to 40kg should normally place one weight only on the knees; people weighing over 40kg can use one weight on the knees and another on the instep of the foot. | | | |

Designs(weights, dimensions, etc) are subject to change without notice


## FRANCEBED CO., LTD.

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FRANCEBED Co., Ltd. was founded in Tokyo in 1946 as a bedding and mattress manufacturer. As part of our commitment to providing Japanese consumers with mattress products tailored to the Japanese physique and local climatic conditions, FRANCEBED Co., Ltd. has for many years been involved in research on sleep and the supine posture conducted at the Sleep Research Center.

FRANCEBED Co., Ltd. thus boasts extensive experience and expertise in the area of sleep and the supine posture, particularly with respect to muscle relaxation and perceptions of relaxation and tranquility. This experience underpins the exciting new whole-body massage system, released exclusively by FRANCEBED Co., Ltd. for a more relaxed and enjoyable life.

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